

**How do I register?**



By Phone:  
 Call **800-791-0262** and provide the information requested on the registration form.



By Mail:  
 Complete the registration form and mail it to **Motivations, Inc.**



On the Web:  
 Visit [www.motivationsceu.com](http://www.motivationsceu.com) to register!

Rate	Description	16 Hrs
<b>Consortium</b>	Group Discount – Register your facility today. 5 or more	\$395
<b>Association</b>	Member of APTA, AOTA, NATA, ASHA, SCARF, or ATRI, etc.	\$445
<b>Individual</b>	Single Registration	\$495

<b>Course #</b>	<b>Course Title</b>	
<b>Date(s)</b>	<b>Location</b>	
Name	Discipline	
Facility		
Home Mailing Address		
City	State	Zip
Daytime Phone	Fax	
E-mail Address for Confirmation (will not be shared or sold)		

**Circle One:**      **VISA**      **MASTERCARD**      **AMEX**

Name on Card \_\_\_\_\_

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Billing Address Zip Code \_\_\_\_\_

**Cancellation Policy:** Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.



**Motivations, Inc.**  
**Accredited Continuing Education Courses**

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**National Credentials**  
 Motivations Inc. works with the following CEU approval sources.



**APPROVED PROVIDER of CONTINUING EDUCATION**  
 by The American Occupational Therapy Association, Inc.



**#114 Donatelli's  
 Pathophysiology and Mechanics  
 of the Shoulder with Lab**

**Robert Donatelli PhD, PT, OCS**

**A Workshop for Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants, and Athletic Trainers**

**8:00 am – 5:30 pm**

**SUMMARY:** Robert Donatelli's new edition of the shoulder course is developed from the most current research and clinical findings, and has been recognized nationally as a proven, effective and tested approach for shoulder rehabilitation. The use of special tests and a review of essential systems to distinguish musculoskeletal dysfunction from medical pathology will be covered. This course will teach therapists those skills necessary in making a thorough evaluation of the shoulder and Upper Q, and then designing a rehabilitation program based upon the examination findings.

**PRESENTER:** Robert Donatelli, PhD, PT, is in private practice with Georgeta Donatelli MS, PT, at Las Vegas Physical Therapy & Sports. Dr. Donatelli was the personal physical therapist for Andy Roddick for 8 years. He was a physical therapist for the PGA Tour, the ATP tour, a consultant for the Philadelphia Phillies, Montreal Expos, Milwaukee Brewers and the physical therapist for the Champions Tour of Tennis with Jimmy Connors and John McEnroe. He is the editor of Physical Therapy of the Shoulder 5th Edition, Dr Donatelli is presently working on a new book: Foundations of Orthopedic Rehabilitation with co-editor Dr. Harvey W. Wallmann. Dr. Donatelli also lectures throughout the US and internationally on orthopedic and sports rehab topics.

**OBJECTIVES:** Upon completion of this course the participant will be able to:

- 1) Describe at least 2 features of normal mechanics of the shoulder that are important in the evaluation and/or treatment of a person with shoulder dysfunction.
- 2) Describe at least 3 components of a systems check for a person with an upper quadrant dysfunction.
- 3) Describe at least 2 interrelationships of soft tissue structures between the shoulder and the upper quarter.
- 4) Identify at least 3 special tests for the evaluation of shoulder pathology.
- 5) Demonstrate at least 2 mobilization techniques for a given shoulder pathology.
- 6) Develop at least 4 exercises to constitute a rehabilitation program for the stiff and painful shoulder.
- 7) Identify at least 3 pathologies of the upper quarter.
- 8) Identify at least 2 surgical procedures for repair of the shoulder traumatic injuries.

**FORMAT:** This is a 16-hour course with lab equivalent to 1.6 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the APTA. We follow the **PT licensing Board** guidelines in the states in which the course is held. **AOTA:** Motivations is an approved provider of continuing education by the American Occupational Therapy Association #4002, for 16 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA. **BOC:** Motivations, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers

This course will require a performance form be completed regarding the objectives covered in this course to assure that the learner has met the competencies of this educational experience.

**AUDIENCE:** Physical Therapists and Assistants, Occupational Therapists and Assistants, and Athletic Trainers.

**PREPARATION:** Attendees need to bring a goniometer, an exercise mat and pillows. Please wear lab clothes.

**AGENDA:**

**Day One**

8:00 AM Anatomy and mechanics of the shoulder  
Normal movement/ Forces at the  
Glenohumeral Joint Scapula Rotators

10:15 AM Break

10:30 AM Normal mechanic of movement

12:00 PM Lunch (on your own)

1:00 PM Lab evaluation

2:30 PM Break

2:45 PM Shoulder examination, Cyriax soft tissue  
assessment; Palpation; Special tests

5:30 PM Adjourn

**Day Two**

8:00 AM Anatomy of Instability- Instability,  
Impingement, Rotator cuff tears

10:15 AM Break

10:30 AM Instability to stiff and painful shoulders  
Keys to development of a treatment approach  
to shoulder dysfunction

12:00 PM Lunch (on your own)

1:00 PM Mobilization Lab - Scapula release

2:30 PM Break

2:45 PM Glenohumeral Mobilization

5:30 PM Adjourn

**Course Offerings**

**For course location details and registration, please visit: [www.motivationsceu.com](http://www.motivationsceu.com)**